

# DC Office of Health Equity: Engaging a Collaborative Model for Practice Change & Fireside Chat

Wednesday, March 29th | ULI Health Leaders Network Introductory Forum

C. Anneta Arno | Rachel Clark



## Rachel Clark

Policy Director, Redstone Global Center for Prevention & Wellness, George Washington University

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## **DC Health Office of Health Equity**

C. Anneta Arno, Ph.D, MPH, Director, Office of Health Equity – Washington DC – March 29, 2023

## **Engaging A Collaborative Model FOR Practice Change**

**Urban Land Institute (ULI) Health Leaders Network - Introductory Forum** 

## **Content:**

## Framing:

Key Definitions & Distinctions

## **Part 1: Organizational Overview**

DC Health & Office of Health Equity (OHE)

### **Part 2: Health Equity Report 2018**

Evidence Based Framework & Outcomes

## **Part 3: Changing the Context**

Gaining Momentum

### Part 4: Impact of COVID

Structural Vulnerability & Differential Impacts

## Part 5: Beyond COVID – What Next?

- Health Equity Impact Review
- Collaborative Model FOR Practice Change



## American Institute of Certified Planners (AICP) Defining Social Equity



Equity is: "just and fair inclusion into a society in which all can participate, prosper, and reach their full potential. Unlocking the promise of the nation by unleashing the promise in us all." Policy Link

## Equity in All Policies

 An equity in all policies approach involves using an equity lens in all planning practices, including work on climate change and resilience, economic development, education, energy and resource consumption, public health, heritage preservation, housing, mobility and transportation, and public spaces. Planning for equity does not stifle growth or impede development. Instead, it expands opportunities to all members of a community and builds local capacity to respond to equity concerns moving forward.



## **Key Definitions & Distinctions:**

Social, Health & Racial Equity

- Social Equity: impartiality, fairness and justice for all people in social policy. Social equity takes into account systemic inequalities to ensure everyone in a community has access to the same opportunities and outcomes. -- United Way of the National Capitol
- **Health Equity:** ensures everyone has the opportunity to be as healthy as possible. This is accomplished through elimination of disparities in health outcomes and determinants of health, as well <u>a removal of structural barriers</u> to achieving both (i.e. racial equity) -- Georgia Health Policy Center
- Racial Equity: involves the <u>elimination of systemic, institutional, and cultural barriers</u> that deny equal opportunities to groups, based on race or ethnicity (e.g. Black, indignances, Hispanic, or other people of color). It is understood that this differential treatment results in racial inequities that are deeply tied to the inability to achieve health equity. -- Georgia Health Policy Center



## What is Equity in Health?

## **HEALTH:**

• "A state of complete physical, mental and social well-being and not merely the absence of disease or infirmity".

World Health Organization Constitution, 1948

### **HEALTH INEQUITY**

• "Differences in health outcomes that are systematic, avoidable, unnecessary, unfair and unjust."

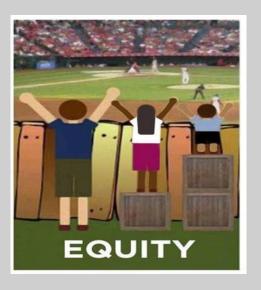
Whitehead, M. (1992)

Braveman, P. (2014)

## **HEALTH EQUITY**

 "Health equity is assurance of the conditions for optimal health for all people. Achieving health equity requires valuing all individuals and populations equally, recognizing and rectifying historical injustice, and providing resources according to need."





## **Part 1: Organizational Overview**



## **DC** Health

Building a Culture of Health, Wellness & Equity in the District of Columbia

## **VISION**

To be the healthiest city in America

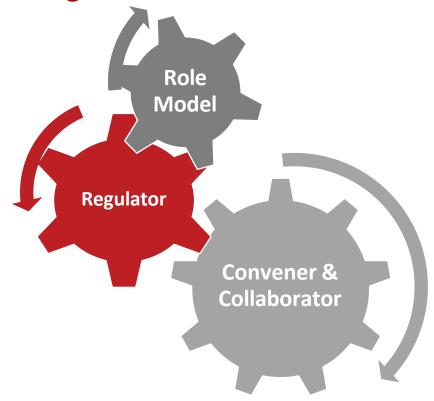
## **MISSION**

• The District of Columbia Department of Health promotes health, wellness and equity across the District, and protects the safety of residents, visitors and those doing business in our nation's capital.



## 21st Century Public Health Leadership: Chief Health Strategist

## 3-Pronged Role of DC Health



## **5 Strategic Priorities**

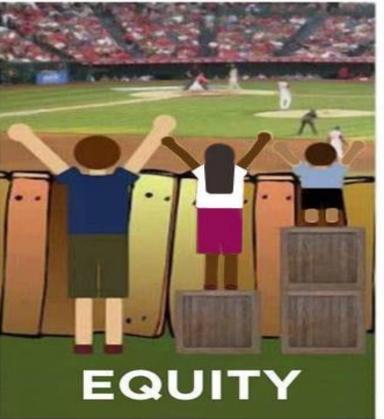
- Promote a Culture of Health and Wellness
- ✓ Address the Social Determinants of Health
- ✓ Strengthen Public-Private Partnerships
- ✓ Close the Chasm between Clinical Medicine and Public Health
- ✓ Implement a data-driven outcome-oriented approach to program and policy development



## **What Drives Health?**

Moving Beyond "DISPARITIES"





Towards and Equity-Informed Approach to Population Health



## Office of Health Equity (OHE): Structure & Purpose

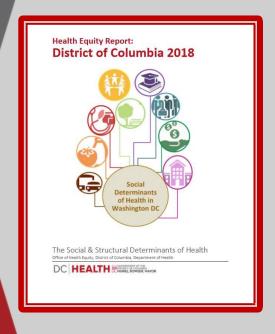
**OHE Director Collaborative Practice & Policy Change Data Development & Evaluation Health Equity Capacity** Building

### **OHE MISSION**

To address the root causes of health disparities, beyond healthcare and health behaviors, by supporting projects, policies and research that will enable every resident to achieve their optimal level of health -- regardless of where they live, learn, work, play or age.

The Office achieves its mission by informing, educating, and empowering people about health issues and facilitating multi-sector partnerships to identify and solve community health problems related to the social determinants of health.





## Part 2: DC Health Equity Report 2018



## DC HEALTH EQUITY REPORT 2018

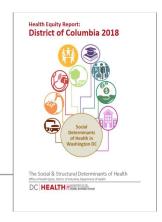
- ➤ Nine (9) Key Drivers
  - Education
  - Employment
  - Income
  - Housing
  - Transportation
  - Food Environment
  - Medical Care
  - Outdoor Environment, and
  - Community Safety



- > Correlations with life expectancy at birth
- Social & Structural Determinants of Health





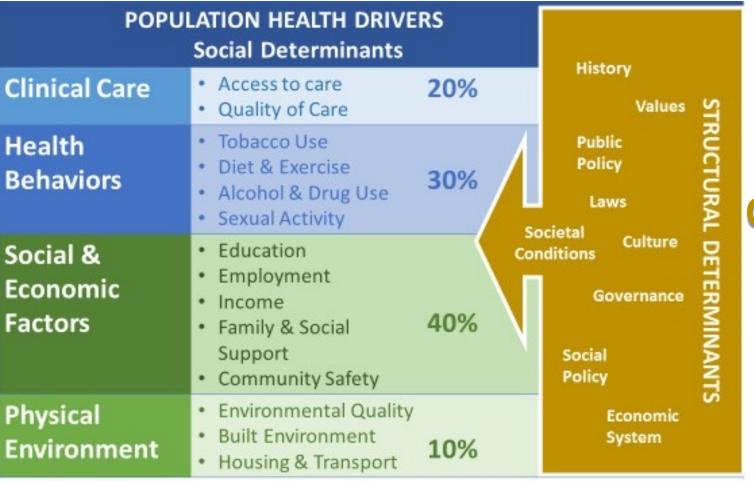


## DC Health Equity Report 2018: Frameworks

**POPULATION HEALTH DRIVERS: SOCIAL & STRUCTURAL DETERMINANTS** 

The County Health Rankings Model

**CAUSES** 





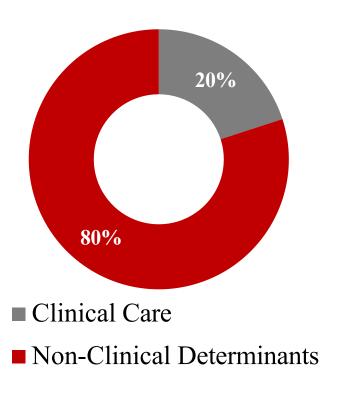
The World Health **Organization** (CSDH) Model **DISTRI-BUTION** 



## DC Health Equity Report 2018: Frameworks

Social & Structural Determinants of Health

## Determinants of Health



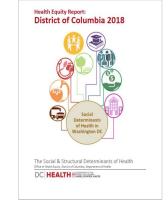
## Health Equity 101: Key Insights



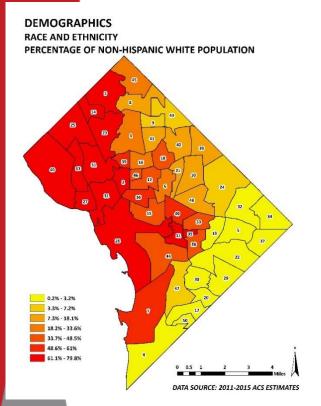
✓ Health is more than healthcare

- ✓ Health Inequities are neither natural nor inevitable
- ✓ Your zip-code may be more important than your genetic code for health
- ✓ The choices we make are shaped by the choices we have
- ✓ Structural Racism acts as a force in the distribution of opportunities for health
- ✓ All policy is health policy



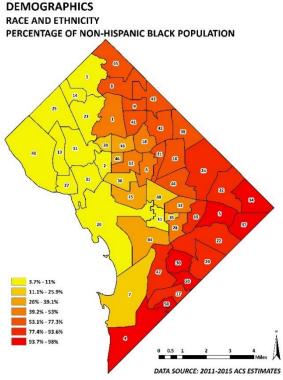


## Race & Ethnicity by Neighborhood Group

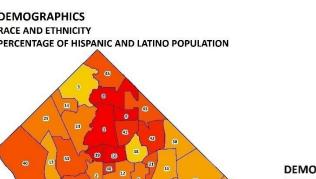


### 1. Non-Hispanic White

### 2. Non-Hispanic Black



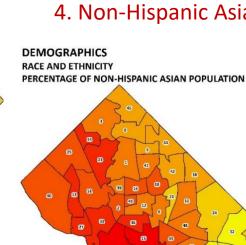
## **DEMOGRAPHICS RACE AND ETHNICITY** PERCENTAGE OF HISPANIC AND LATINO POPULATION



## 4. Non-Hispanic Asian

**Health Equity Report: District of Columbia 2018** 

DC HEALTH CHIEREL BOWSER, HAND



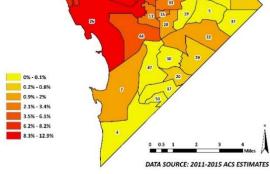


DATA SOURCE: 2011-2015 ACS ESTIMAT

0.3% - 1.6%

10.5% - 14.5% 14.6% - 20.4% 20.5% - 31.7%

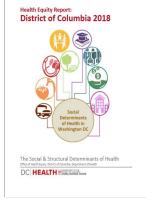






## Life Expectancy at Birth: 5-Year Average

By Neighborhood & Ward: 2011-2015





Years

68.4

Years

89.4 51. Woodley Park

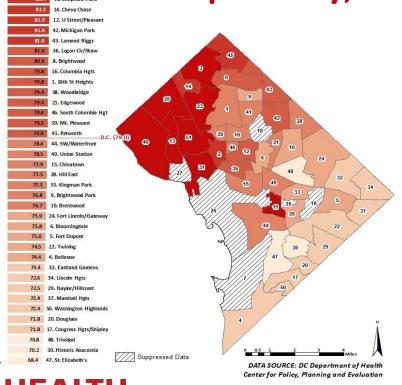
88.8 13. Cathedral Hgts 88.4 40. Kent/Palisades

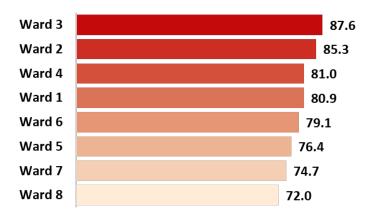
87.2 23. Forest Hills 86.9 31. Georgetown East 86.5 3. Barnaby Woods

86.2 11. Capitol Hill 85.1 2. Adams Morgan

GOVERNMENT OF THE DISTRICT OF COLUMBIA

\*Approximately 21 Years Difference in Life Expectancy, across 51 Statistical Neighborhoods





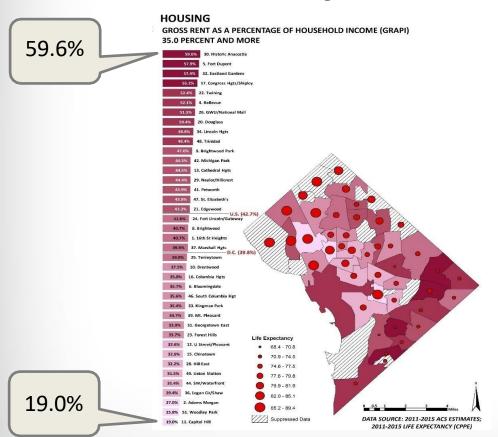
<sup>\*</sup>Approximately 15 Years Difference in Life Expectancy, across DC's 8 Wards

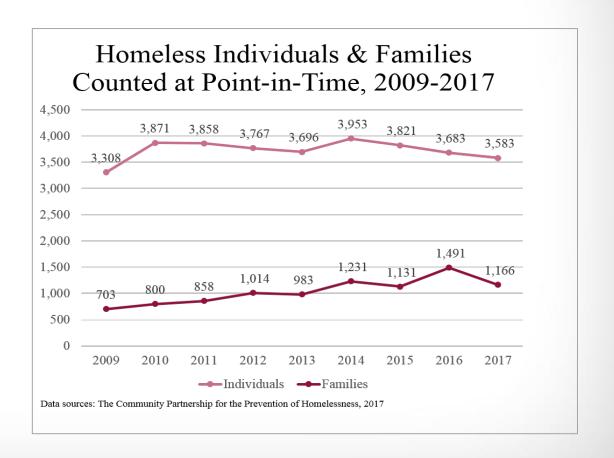


## Driver #4: Housing



### **Gross Rent as Percentage of Household Income**









## DRIVER #5: TRANSPORTATION

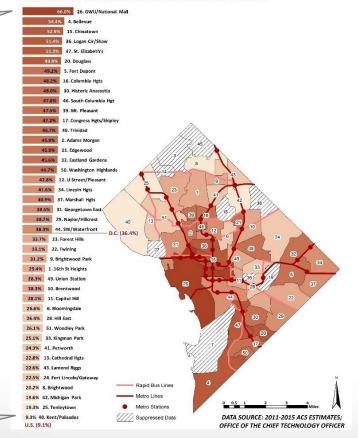


Household Car Access, Main Transit Lines & Life Expectancy (2011-2015 ACS)

66.0%

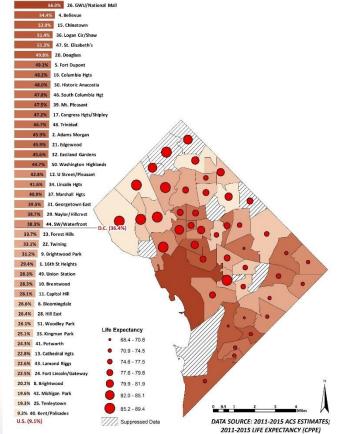
#### TRANSPORTATION

#### PERCENTAGE OF OCCUPIED HOUSING UNITS WITH NO VEHICLES



### TRANSPORTATION

#### PERCENTAGE OF OCCUPIED HOUSING UNITS WITH NO VEHICLES



9.3%

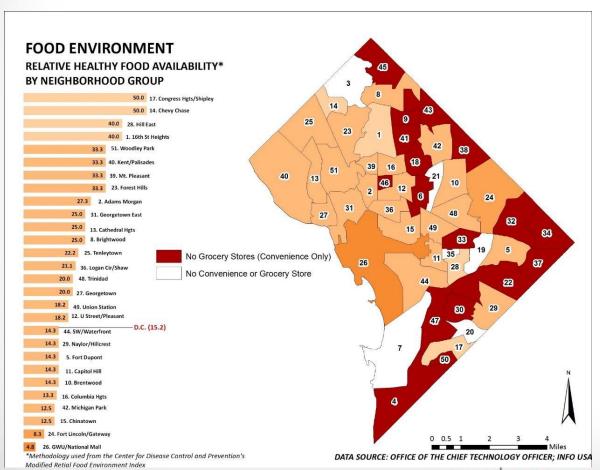




## Driver #6: Food Environment



Relative Healthy Food Availability; SNAP Utilization & Life Expectancy



#### **FOOD & NUTRITION** PERCENTAGE OF HOUSEHOLDS WITH PUBLIC ASSISTANCE INCOME OR SNAP IN THE PAST 12 MONTHS 43.7% 30. Historic Anacostia 43.4% 4. Bellevue 53.9% 41.3% 17. Congress Hgts/Shipley 39.4% 37. Marshall Hgts 37.5% 32. Eastland Gardens 36.7% 5. Fort Dupont 32.7% 29. Navlor/Hillcrest 32.7% 34. Lincoln Hgts 31.0% 48. Trinidad 30.3% 22. Twining 29.8% 21. Edgewood 25.4% 10. Brentwood 22.3% 24. Fort Lincoln/Gateway 18.1% 16. Columbia Hgts 17.7% 41. Petworth 17.4% 42. Michigan Park D.C. (15.6%) 15.0% 28. Hill East 14.9% 1. 16th St Heights 14.2% 46. South Columbia Hgt 13.7% 33. Kingman Park 13.6% 9. Brightwood Park 13.0% 15. Chinatown 12.9% 6. Bloomingdale 11.7% 43, Lamond Riggs 11.3% 8. Brightwood 11.2% 44. SW/Waterfront 10.9% 12. U Street/Pleasant 10.6% 39. Mt. Pleasant 9.6% 38. Woodbridge 7.8% 45. Shepherd Park 14. Chevy Chase 49. Union Station 5.4% 36. Logan Cir/Shaw 3.6% 2. Adams Morgan 2.1% 26. GWU/National Mal 2.1% 25. Tenleytown 35. Lincoln Park **9** 74.6 - 77.5 77.6 - 79.8 1.3% 23. Forest Hills 79.9 - 81.9 1.0% 31. Georgetown East 82.0 - 85.1 0.6% 40. Kent/Palisades 85.2 - 89.4 0.3% 27 Georgetown DATA SOURCE: 2011-2015 ACS ESTIMATES: /// Suppressed Data 2011-2015 LIFE EXPECTANCY (CPPE)





## **DRIVER #8: OUTDOOR ENVIRONMENT**



Asthma: Adults (BRFSS 2015) & Children (Hospital Discharge 2014-16)

### ADULTS REPORTING ASTHMA (BRFSS 2015) - by Ward

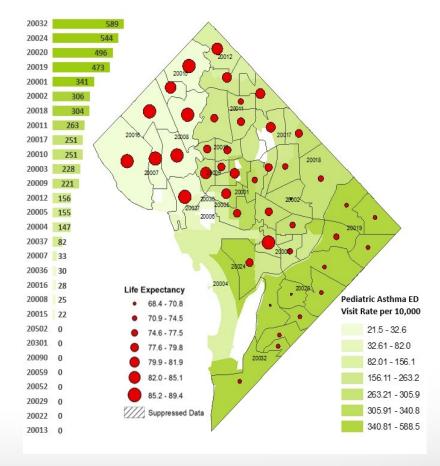
DATA SOURCE: DISTRICT OF COLUMBIA BEHAVIORAL RISK FACTOR SURVEILLAINCE SYSTEM (BRFSS) SURVEY-2015

CENTER FOR POLICY, PLANNING AND EVALUATION

### **ENVIRONMENT** PERCENTAGE OF ADULTS (18+) WHO HAVE BEEN TOLD THEY CURRENTLY HAVE ASTHMA Ward 4 Ward 3 Ward 5 Ward 1 Ward 2 Ward 6 Ward 7 Ward 1 Data Suppressed 23.4% Ward 8 15.3% Ward 6 Ward 7 11.7% Ward 8 Ward 3 10.6% Ward 4 9.9% Ward 5 6.1% Ward 2 5.5%

### RATE PER 10,000 PEDIATRIC (age 2-17) ASTHMA EMERGENCY ROOM VISITS

-- by Zip Code (with Statistical Neighborhood & Life Expectancy Overlay)





0 0.5 1



## DIFFERENTIAL OPPORTUNITIES FOR HEALTH

17.8

16.7%

Selected Indicator Summary:

### Part 1

Notes: *Ranked by Life Expectancy at Birth for 45 Statistical Neighborhoods with available data (6 omitted = suppressed data) Opportunity Measure Selected Indicator:  Score in Top 10 Score in Bottom 10  Table 1: Differential Opportunities for Health in DC Selected Indicator Summary*  **Ranked by Life Expectancy at Birth for 45 Statistical Neighborhoods with available data (6 omitted = suppressed data) Opportunity Measure Selected Indicator:  Republish  Republish Republis										
Statistical Neighborhoods *Ranked by Life Expectancy at Birth	Life Expectancy at Birth (2011-2015)	Residents (25 years or older) with high school diploma or higher (2011-2015) (%)	Residents (16 years or older) Unemp- loyed (2011-2015) (%)	Median Household Income (2011-2015) (%)	Household Gross Rent 35% or more of Income (2011-2015) (%)	Household Without a Car/Transit Dependent (%)	Household Receiving Public Assistance Income or SNAP (past 12 months) (%)	Population with Public Insurance Coverage (%)	Age- adjusted Violent Deaths Rate - per 100,000 population (2011-2015)	Residents Living in Poverty (2011-2015) (%)
1. Woodley Park	89.4 years	97.8%	2.5%	\$139,744	25.8%	26.1%	2.5%	16.4%	9.9	6.6%
2. Cathedral Heights	88.8 years	96.8%	3.9%	\$90,124	44.5%	22.8%	0.8%	15.8%	5.1	15.8%
3. Kent /Palisades	88.4 years	97.9%	5.9%	\$161,252	Data Supp.	9.3%	0.6%	17.4%	7.4	9.3%
4. Tenleytown	87.3 years	98.7%	2.4%	\$136,641	39.0%	19.3%	2.1%	18.5%	1.1	4.5%
5. Forest Hills	87.2 years	99.1%	3.5%	\$113,269	33.7%	33.7%	1.3%	17.9%	13.0	9.2%
6. Georgetown East	86.9 years	98.9%	3.1%	\$132,021	33.9%	39.5%	1.0%	13.2%	5.7	10.3%
7. Barnaby Woods	86.5 years	98.9%	2.8%	\$200,031	Data Supp.	Data Supp.	0.0%	16.0%	2.6	1.7%
8. Capitol Hill	86.2 years	98.1%	3.2%	\$121,668	19.0%	28.1%	1.6%	13.7%	10.5	5.7%
9. Adams Morgan	85.1 years	95.9%	5.0%	\$96,194	27.0%	45.9%	3.6%	15.2%	8.4	7.2%
10. Shepherd Park	83.4 years	93.2%	11.7%	\$102,053	Data Supp.	Data Supp.	7.8%	35.9%	5.4	11.0%
11. Chevy Chase	83.3 years	94.1%	3.9%	\$115,697	Data Supp.	Data Supp.	5.5%	18.7%	2.1	8.5%
12. U Street/Pleasant	81.9 years	88.9%	7.2%	\$94,614	32.6%	42.8%	10.9%	20.0%	9.6	12.0%
13. Michigan Park	81.6 years	85.8%	16.2%	\$57,943	44.5%	19.6%	17.4%	37.9%	3.2	12.3%
14. Lamond Riggs	81.0 years	89.2%	15.2%	\$67,745	Data Supp.	22.6%	11.7%	46.1%	29.2	8.9%
15. Logan Circle/Shaw	81.0 years	90.7%	3.5%	\$94,043	29.4%	51.4%	5.4%	18.5%	16.9	10.9%
16. Brightwood	80.6 years	84.3%	8.7%	\$66,395	40.7%	20.2%	11.3%	40.8%	10.1	12.7%

### Part 2

18. 16 <sup>th</sup> St. Heights	79.8 years	82.8%	8.0%	\$75,848	40.7%	29.4%	14.9%	35.9%	14.8	12.9%
19. Woodbridge	79.4 years	92.7%	13.8%	\$85,947	Data Supp.	Data Supp.	9.6%	36.3%	23.5	10.5%
20. Edgewood	79.4 years	83.8%	19.7%	\$41,171	43.4%	45.9%	29.8%	47.0%	25.0	29.1%
21. S. Columbia Hgts.	79.4 years	89.8%	8.2%	\$82,241	35.6%	47.8%	14.2%	31.2%	11.9	13.5%
22. Mt. Pleasant	79.3 years	89.4%	5.3%	\$71,837	34.7%	47.5%	10.6%	23.5%	7.8	11.5%
23. Petworth	79.0 years	86.3%	11.9%	\$77,020	43.9%	24.3%	17.7%	36.4%	21.8	13.2%
24. SW/Waterfront	78.4 years	93.5%	6.7%	\$76,429	31.4%	38.3%	11.2%	29.0%	27.1	13.5%
25. Union Station	78.3 years	94.5%	5.3%	\$110,907	31.5%	28.3%	5.4%	14.6%	11.7	10.4%
26. Chinatown	77.9 years	88.8%	5.3%	\$82,789	32.6%	52.9%	13.0%	33.1%	18.7	18.3%
27. Hill East	77.5 years	91.7%	8.8%	\$92,617	32.2%	26.4%	15.0%	31.8%	14.9	13.6%
28. Kingman Park	77.3 years	91.7%	8.3%	\$91,073	35.4%	25.1%	13.7%	28.3%	24.5	12.2%
29. Brightwood Park	76.8 years	86.7%	10.3%	\$61,476	Data Supp.	31.2%	13.6%	41.5%	15.0	16.3%
30. Brentwood	76.7 years	86.9%	14.8%	\$61,739	37.5%	28.3%	25.4%	48.5%	38.3	18.7%
31. Fort	75.9 years	81.3%	13.6%	\$51,454	41.6%	22.5%	22.3%	52.4%	23.8	19.0%
Lincoln/Gateway										
32. Bloomingdale	75.8 years	90.9%	8.6%	\$87,146	35.7%	26.6%	12.9%	24.3%	21.2	12.3%
33. Fort Dupont	75.0 years	81.6%	23.8%	\$35,545	57.9%	49.2%	36.7%	64.6%	48.1	30.6%
34. Twining	74.5 years	87.8%	16.3%	\$47,486	52.4%	33.1%	30.3%	55.7%	57.1	20.9%
35. Bellevue	74.4 years	82.9%	30.0%	\$32,562	52.1%	54.4%	43.4%	67.7%	33.1	39.6%
36. Eastland Gardens	73.4 years	79.4%	21.3%	\$31,333	57.4%	45.6%	37.5%	66.0%	40.6	34.1%
37. Lincoln Heights	72.6 years	80.7%	20.6%	\$36,577	48.8%	41.6%	32.7%	63.5%	58.5	26.2%
38. Naylor/Hillcrest	72.5 years	84.1%	16.6%	\$37,771	44.4%	38.7%	32.7%	57.8%	31.5	34.5%
39. Marshall Heights	72.4 years	84.4%	19.6%	\$43,043	39.9%	40.9%	39.4%	58.7%	46.8	29.2%
40. Washington	72.4 years	Data Supp.	Data	\$28,468	Data Supp.	44.7%	Data Supp.	Data Supp.	36.3	38.7%
Highlands			Supp.							
41. Douglass	71.8 years	81.7%	22.6%	\$31,319	50.4%	49.8%	53.9%	67.4%	48.6	36.7%
42. Congress	71.8 years	82.4%	26.8%	\$28,711	55.2%	47.2%	41.3%	62.3%	50.0	39.4%
Heights/Shipley										
43. Trinidad	70.8 years	79.9%	18.0%	\$36,655	48.4%	46.7%	31.0%	50.9%	47.6	28.5%
44. Historic Anacostia	70.2 years	83.2%	14.9%	\$28,790	59.6%	48.0%	43.7%	61.7%	52.4	37.3%
45. St. Elizabeth's	68.4 years	Data Supp.	18.1%	\$25,311	43.8%	51.3%	Data Supp.	70.1%	65.4	40.2%
District of Columbia	79.0 years	89.3%	9.6%	\$70,848	39.8%	36.4%	15.6%	35.1%	19.5	18.0%
United States	78.8 years	86.7%	8.3%	\$53,889	42.7%	9.0%	13.9%	32.1%	na.	15.5%



\$70,554

17. Columbia Heights

79.8 years

## Differential Opportunities for Health in DC





- ✓ Life expectancy at birth varies by 21 years across the 51-statistical neighborhoods
- ✓ More opportunities for health (positive outcomes) are concentrated in the neighborhoods with the longest life expectancy; and
  - The opposite is true for neighborhoods with the shortest life expectancy
- ✓ Overall, it is clear there are differential opportunities for health -by income, place and race

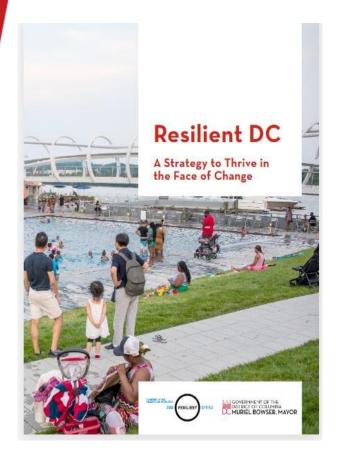


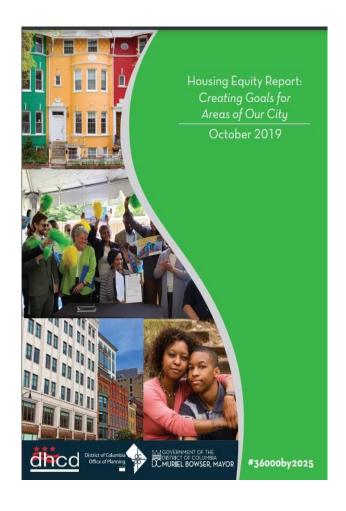


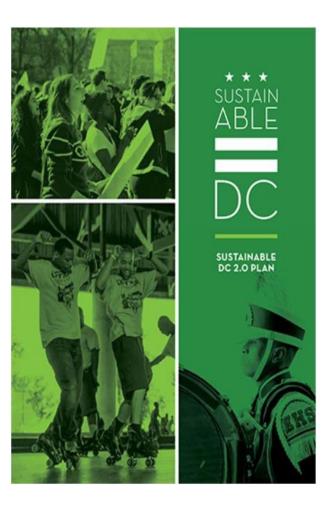
## **Part 3:** Changing the Context In DC

**Gaining Momentum** 











## **Changing the Context: DC Housing Equity Report 2019**

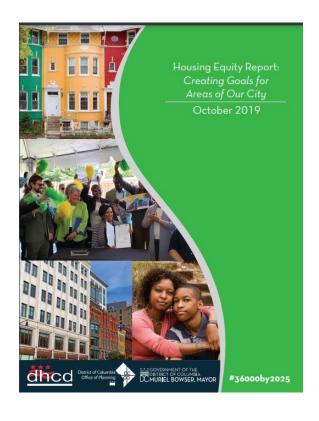
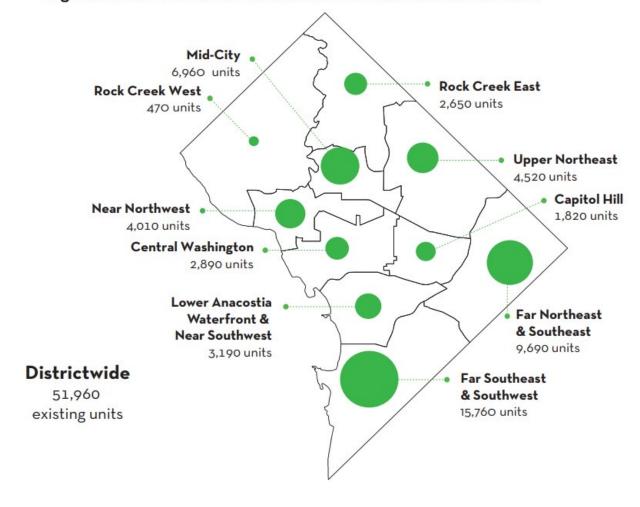


Figure 1. 2018 Estimated Distribution of Dedicated Affordable Units





## **Changing the Context: DC Housing Equity Report 2019**

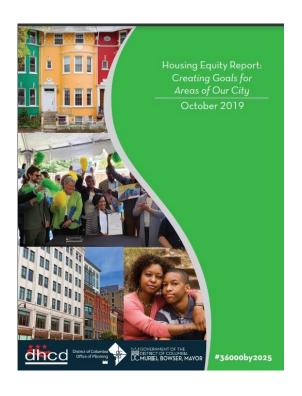
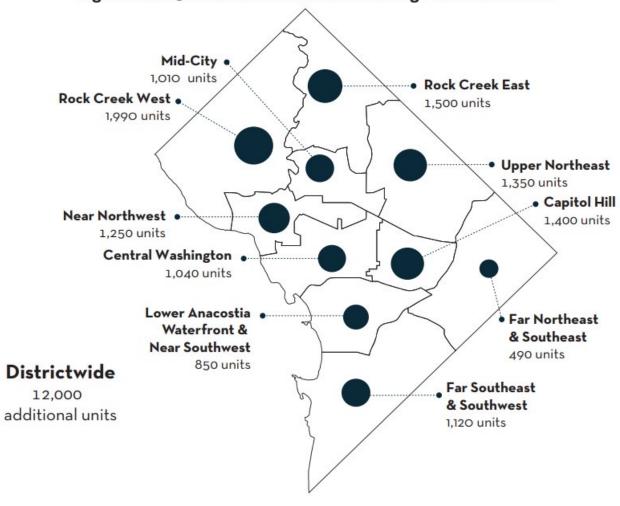


Figure 2. 2025 Dedicated Affordable Housing Production Goals



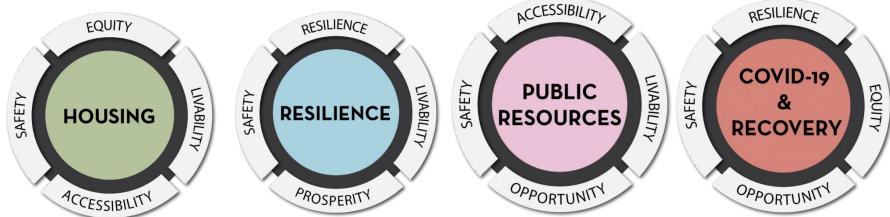


## DC Comprehensive Plan Amendment 2021: Major Themes



**Equity and Racial Justice**: Includes new policies, actions, and narrative that explicitly address equity, that when taken together, will help deliver on the goals expressed in the Framework Element and make a tangible difference in the lives of DC residents who have yet to reap the benefits of the growth and change in the city.

- Throughout the Citywide Elements, the update highlights important data and trends related to disparities across race and income.
- Updates are captured in the Equity Crosswalk.





## **Comprehensive Plan Amendment 2021: Equity Crosswalk**



## The Comprehensive Plan for the National Capital District Elements Effective August 21, 2021 Equity Crosswalk

The Council of the District of Columbia adopted an updated Comprehensive Plan on August 20, 2021. The Comprehensive Plan is a high-level guide that sets a positive, long-term vision for the District of Columbia through the lens of its physical growth, equity, and change. The 2021 Comprehensive Plan update consists of 13 Citywide Elements, 10 Area Elements and an Implementation Element.

The Equity Crosswalk highlights Comprehensive Plan policies and actions from all the elements that explicitly address racial equity. A version of this Equity Crosswalk was released with the Mayor's Draft of the Comprehensive Plan update submitted to the DC Council on April 24, 2020. This version reflects language changes from the final version of the Comprehensive Plan enacted on August 21, 2021. Additionally, the updated Comprehensive Plan highlights important data and trends throughout the Citywide elements related to disparities across race and income. These data become important benchmarks to evaluate the effectiveness of our policies and actions toward meeting racial equity goals stated in the Framework Element.





## **Part 4: Impact of COVID**

DC's Experience



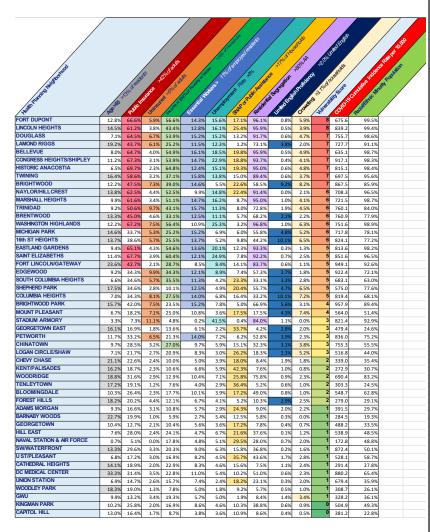
## Differential Opportunities for Health 2019: Ward & Race

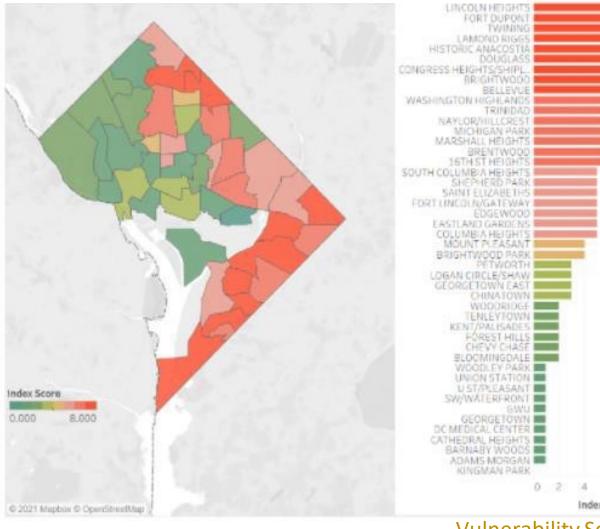
•	y At Birth (2015-2019) ct of Columbia	
	Life Expectancy	
Ward 1	80.3	
Ward 2	85.1	
Ward 3	87.1	Highest
Ward 4	81.5	
Ward 5	77.2	= 17 year Difference – by Ward
Ward 6	80.3	
Ward 7	73.8	
Ward 8	70.5	Lowest
	Race	
Non-Hispanic Black	72.77	45 years Difference to Days
Non-Hispanic White	87.89	= 15 year Difference – by Race
DC Overall	78.82	



Source: DC Health (2015-2019)

## DC COVID-19 Structural Vulnerability Index & Map



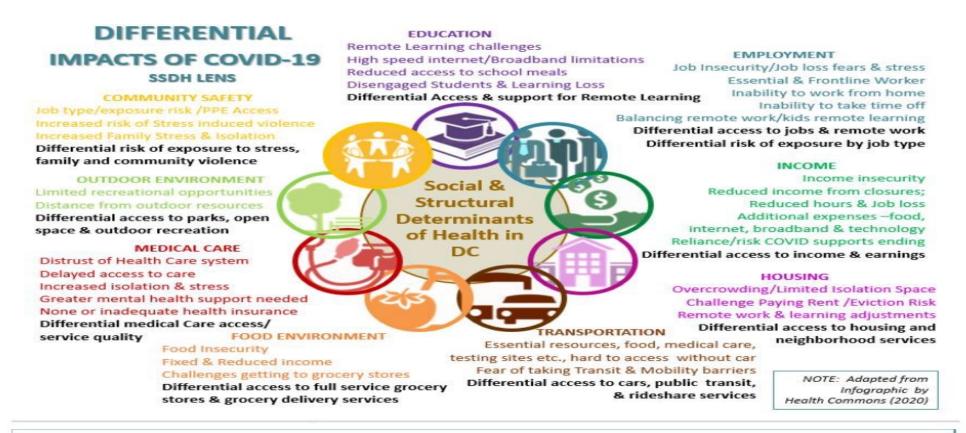




(Cumulative 0-8)



## **Health Equity Summit: Background Context**

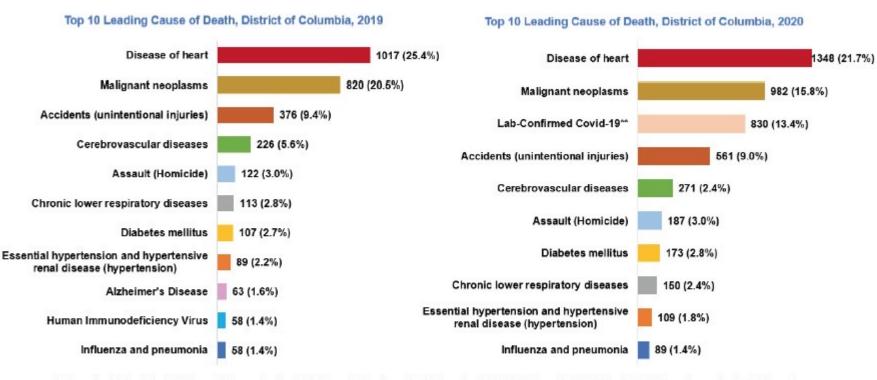


Social & Structural Determinants of Health (SSDH) are: "...the complex, integrated, and overlapping social structures and economic systems that include the social environment, physical environment, and health services..." (CDC 2010)

These structural and societal factors are the root cause of most health inequities. The pandemic has underscored differential impacts from a SSDH lens, affecting not only who was exposed, but also who got sick, and either recovered or died. For communities that lacked the full range of health-promoting resources prior to the pandemic, COVID-19 magnified the impact of SSDH inequities – widening the gap between those with ample opportunities for a healthy life, and those with less.



## Impact of COVID-19 in DC

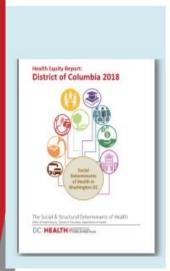


<sup>\*\*</sup> The number of deaths due to COVID-19 reported here was based on D.C. Vital Records data and may not match the number of COVID-19 deaths reported in 2020 through the COVID surveillance system due to differences in reporting processes.

Figure 2.11. Top 10 Leading Causes of Death Among District Residents (Deaths Occurring in the District), 2019 and 2020



## **Health Equity in DC: Pre, During & Post Pandemic Contexts**



In February of 2019, DC Health released the inaugural Health Equity Report for the District of Columbia (DC HER 2018). The document includes a baseline assessment of social and structural determinants of health in the District, highlighting stubbornly unequal outcomes among residents by income, place, and race across Nine Key Drivers of Opportunity for Health.

Patterns of differential health opportunities were illustrated through use of a 51-statistical neighborhood method of analysis, providing greater granularity and understanding of how these drivers impact community health at the hyper-local, sub-Ward level.





DC Health confirmed the first coronavirus case in Washington, DC, on March 7, 2020. The city's public health workforce has been relentless in efforts to develop, implement, and provide timely guidance and resources to help mitigate the spread of the virus as well as the pandemic's far-reaching impact.

DC Health's COVID-19 Health and Health Care Pandemic Recovery Report<sup>3</sup> (May 2021) outlines the District's current and emergent health needs and presents a framework for post-pandemic health and healthcare system recovery. By design, the report's recommendations to improve the District's health system across five domains—workforce, healthcare facilities, health information technology, health planning, and community health services—are intentionally rooted in health equity.



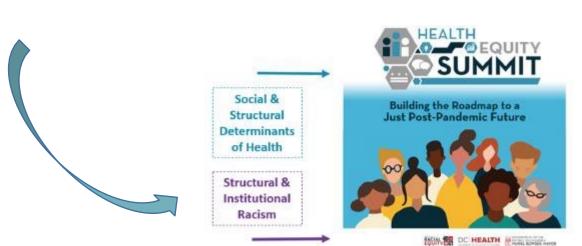


### Framing & Focus: Post Pandemic 3-Legged Equity Stool

- In order to eliminate disparities in health outcomes, our collective actions must be intentional in three key areas:
  - · access to quality health care;
  - · social and structural determinants of health; and,
  - structural and institutional racism.<sup>1</sup>



-Dr. LaQuandra S. Nesbitt, Director, DC Health



Access to Quality
HealthCare

Structural
& Institutional Racism

Social & Structural
Determinants of Health

Pre-Pandemic

Post-Pandemic

Post-Pandemic

Figure 1.1. Post Pandemic 3-Legged Equity
Stool

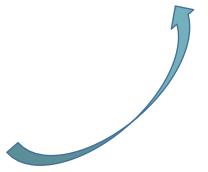
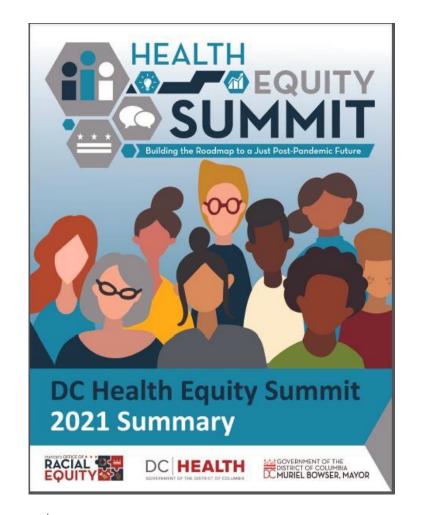
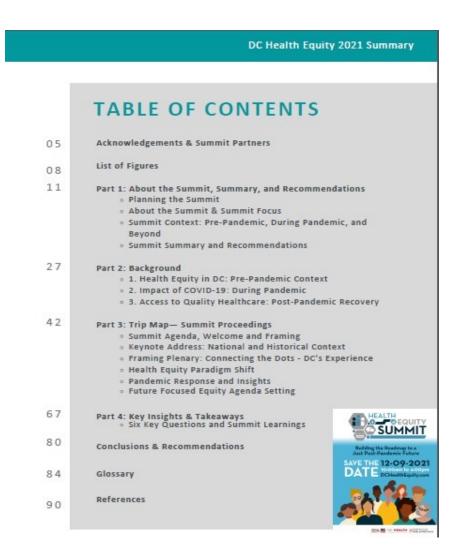


Figure 1.2. DC Health Equity Summit Focus



### **Health Equity Summit 2021: Summary Report & Recommendations**







### **Health Equity Summit: Key Questions & Takeaways**

#### Key Question 1 (KQ1):

 How has COVID-19 underscored the connection between structural racism and health in every aspect of society?

#### Key Question 2 (KQ2):

 What have we learned from the response to the pandemic, and how do these lessons inform and drive practice change going forward?

#### Key Question 3 (KQ3):

How have non-health sectors engaged their role as drivers of health equity in the District?

#### Key Question 4 (KQ4):

 How will we engage an equity-informed disruption of the status quo through policy and practice change?

#### Key Question 5 (KQ5):

How will we move beyond models limited to compensating for the impact of structural racism?

#### Key Question 6 (KQ6):

 How can the lessons of the pandemic drive a strategic reimagining of the response to achieving health equity?



### **Health Equity Summit 2021: Recommendations**



Figure 4.1. DC Health Equity Summit 2021 Recommendations





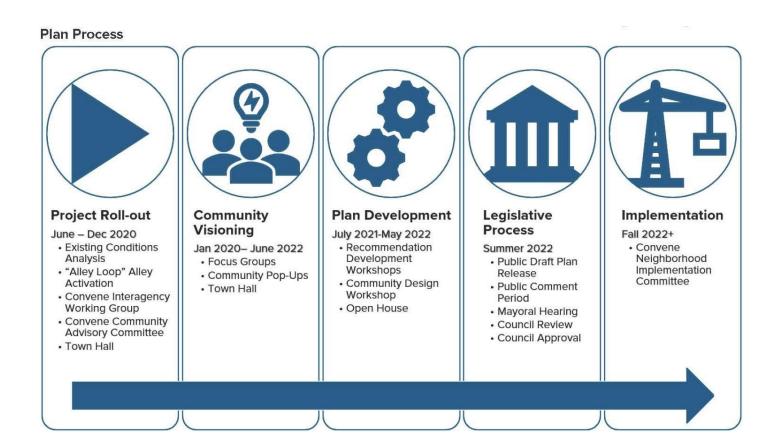
### **Part 5:** Beyond COVID – What Next?

DC's Experience



### **Background: Congress Heights Small Area Plan (CHSAP)**

Process: Summer 2020 – Fall 2022





### **Health Equity Impact Review (HEIR) Pilot**

#### **Pilot Purpose & Focus:**

#### **Track Process & Evaluate CHSAP Plan Recommendations**

- ✓ Consider the potential health outcomes of <u>Proposed</u> <u>Recommendations</u> on individuals and communities;
- ✓ Identify opportunities to reduce negative or disparate health effects;
- ✓ Support healthy communities, healthy community design, and development; and
- ✓ Inform decision makers about the potential health impacts of proposed policies, programs, or projects









## **CHSAP 6 Focus Areas**& Recommendations

- 1. Housing Diversity & Affordability
- 2. Civic Facilities
- 3. Economic Development & Opportunity
- 4. Historic & Cultural Preservation
- 5. Parks & Public Realm
- 6. Transportation & Access

# **Community Concerns & Opportunities**





### **Health Equity Impact Review (HEIR) Pilot Process**

**HEIR Pilot Methodology** 

### **Logic Model**

#### **Congress Heights SAP** Health Equity Impact Review (HEIR) Logic Model **Key Components** 1. Focus Areas References 5. Proposed Policy Inequities AND/OR Prior planning Housing Affordabilit Draft policy Improved Health documents and Opportunity OP's Equity & Civic Facilities Economic **Existing Condition** recommendation Development and Analyses development workshops, at CAC Report 2018 Historic and Cultura and IAWG meeting: and in final town hal Parks and Public Informs selection, definitions of Focus Transportation and Access Asset-based 2. Solicited Implementation 8 **Community Input** Evaluation Social Equity and Surveys, mailers, Community Potential for Racial Resilience lens Equity Impact Focus groups, town Assessment (REIA) Consultant-led Racia Process evaluation recommendation Equity Analysis and outcomes development Health in All Policies workshops, design charrette Community walks, pop-ups, canvassing CAC and IAWG

#### **HER Data Filter**



#### **Research & Analysis**

Focus Area 1: Housing Diversity and Affordability					
Key Driver/ Opportunity for Health	Decreased Health Inequities	Improved Health Outcomes	Magnitude	Likelihood	Distribution
Education	Yes	Yes	High	Likely	Effects may be stronger for children and young people who are housing insecure and/or who live in housing in need of repair
Employment	Yes	Yes	High	Likely	Effects may be stronger for residents who are currently housing insecure and/or who live in housing in need of repair
Income	Yes	Yes	High	Likely	Effects may be stronger for residents who are housing insecure, who pay more than 30% gross income on rent, and/or who live in housing in need of repair
Housing	Yes	Yes	High	Likely	Effects may be stronger for residents who are housing insecure, who pay more than 30% gross income on rent, and/or who live in housing in need of repair
Transportation	Neutral/ no change	Neutral/ no change	Uncertain	Uncertain	All/most residents
Food Environment	Yes	Yes	Medium	Possible	All/most residents
Medical Care	Yes	Yes	High	Likely	Effects may be stronger for residents who are housing insecure, who pay more than 30% gross income on rent, and/or who live in housing in need of repair
Outdoor Environment	Neutral/ no change	Neutral/ no change	Uncertain	Uncertain	All/most residents
Community Safety	Yes	Yes	Uncertain	Possible	All/most residents

#### Ke

Magnitude: Estimates the number of people who will likely be affected by the policy recommendations as "high", "medium", "low", or "uncertain

Likelihood: Reflects whether the anticipated outcomes are "likely", "possible", "unlikely", or "uncertain"

Distribution: Illustrates which populations or sub-populations will most likely be affected by the policy recommendations

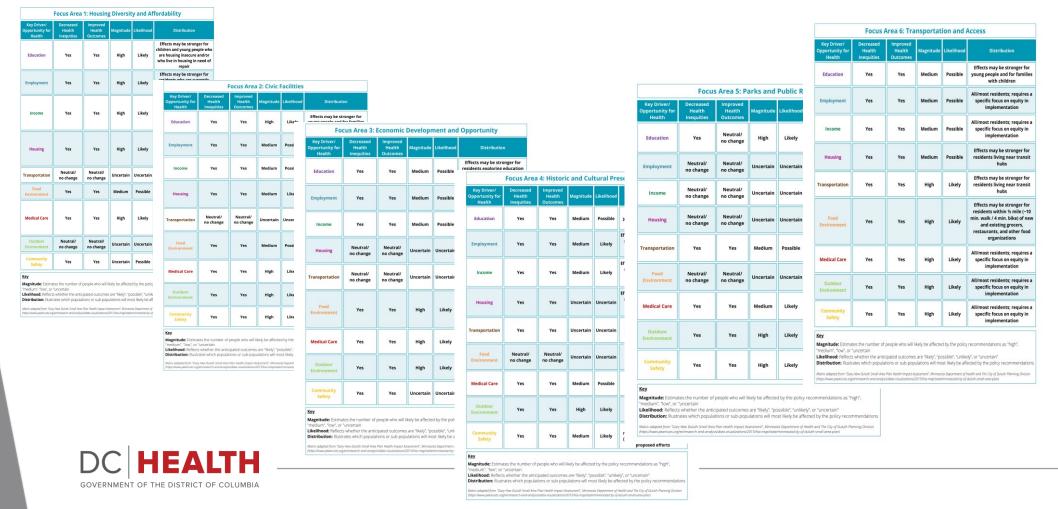
Matrix adapted from "Gary-New Duluth Small Area Plan Health Impact Assessment", Minnesota Department of Health and The City of Duluth Planning Division (https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2015/hia-map/state/minnesota/city-of-duluth-small-area-plan)



### Health Equity Impact Review (HEIR) Pilot: Process Outcomes

Key Driver/ Decreased Improved
Opportunity for Health Health Magnitude Likelihood Distribution
Health Inequities Outcomes

### **Summary of Potential Multi-Sectoral Impacts x6**



### **Health Equity Impact Review (HEIR) Pilot: Process Outcomes**

#### Focus Area 1: Housing Diversity and Affordability

Key Driver/ Opportunity for Health	Decreased Health Inequities	Improved Health Outcomes	Magnitude	Likelihood	Distribution
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Matrix adapted from "Gary-New Duluth Small Area Plan Health Impact Assessment", Minnesota Department of Health and The City of Duluth Planning Division (https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2015/hia-map/state/minnesota/city-of-duluth-small-area-plan)



### **Conclusions & Recommendations**

Overall, based on this HEIR applied methodology, the CHSAP Recommendations proposed across the six focus areas—both individually and collectively:

- Appear to have the <u>potential to decrease health inequities</u> in the Congress Heights neighborhood
- Likely to lead to improved health outcomes.
- Plan implementation fidelity to the overarching themes of Social Equity and Community Resilience is <u>critical to achieving these goals.</u>
- Prioritizing improved housing variety, affordability, and equitable economic access are <u>essential to enable longtime Black residents to remain</u> in Congress Heights and benefit from anticipated growth.

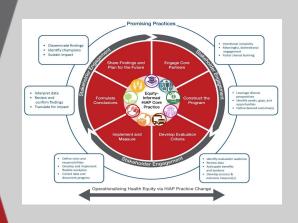
OHE RECOMMENDATION: Develop a participatory evaluation process to complement this pilot HEIR in order to better track recommendation implementation in the near- and medium-term, as well as outcomes and impacts in the long-term.







Source: https://planning.dc.gov/congress-heights-small-area-plan



### **Part 6:** Beyond COVID – What Next?

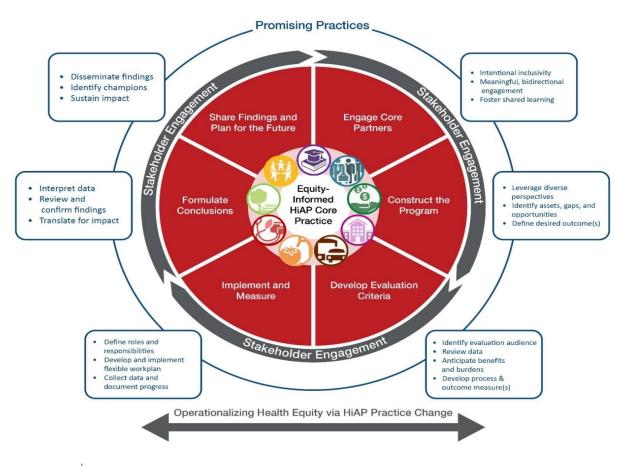
Collaborative Model FOR Practice Change



### **DC Calling All Sectors Initiative**

### **Collaborative Model FOR Practice Change**

#### **DC CASI: Model Elements & Promising Practices**



#### 1. Engage Core Partners

- Intentional inclusivity
- Meaningful, bidirectional engagement
- Foster shared learning

#### 2. Construct Program

- Leverage diverse perspectives
- Identify assets, gaps, and opportunities
- Define desired outcomes

#### 3. Develop Evaluation Criteria

- Intentionally evaluate audience
- Review data
- Anticipate benefits and burdens
- Develop process & outcome measures

#### 4. Implement & Measure

- Define roles and responsibilities
- Develop & implement flexible workplan
- Collect data and document progress

#### 5. Formulate Conclusions

- Interpret data
- Review & confirm Findings
- Translate for Impact

#### 6. Share Findings & Plan for Future

- Disseminate findings
- Identify champions
- Sustain impact



### Health Equity In All Policies (HEiAP): Guiding Principles

- ✓ Speaks To: Importance and necessity of a commitment to practicing professional humility across all forms of engagement including collaborations with other sectors and professions, as well as community.
  - 1. Practice Cultural & Professional Humility
  - 2. Proactively Engage Stakeholders
  - 3. Cocreate Shared Purpose
  - 4. Leverage Collaborative Learning
  - 5. Seek Data Alignment Opportunities
  - 6. Collaborate on Policy & Practice Change Strategy
- ✓ **Bottom Line:** Emphasizes collaborative, mutually beneficial, and peer-to-peer approaches for solving shared challenges together





899 North Capitol Street NE, 5th Fl, Washington, DC 20002









For more information on the District's COVID-19 response, visit coronavirus.dc.gov



# DC Office of Health Equity: Engaging a Collaborative Model for Practice Change & Fireside Chat

Wednesday, March 29th | ULI Health Leaders Network Introductory Forum

C. Anneta Arno | Rachel Clark



### Audience Q&A

Wednesday, March 29th | ULI Health Leaders Network Introductory Forum

C. Anneta Arno | Rachel Clark