

# ULI Health Leaders Network Cohort 6

## Introductory Forum: Washington, DC



**Reference Book**

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## AGENDA

*All times listed in ET*

*Unless otherwise stated, programming will take place at ULI's office*

Wednesday, March 29 <sup>th</sup>	
9:00 – 10:00am	Breakfast
10:00 – 11:00am	Forum Welcome: Forum Overview & Defining Leadership
11:00am – 12:00pm	The Social Determinants of Health (SDOH) with Jillian Annunziata, HLN Cohort 5
12:00 – 12:45pm	Lunch
12:45 – 3:15pm	Social Equity Workshop with Tiffany Young
3:30 – 4:30pm	DC Office of Health Equity Presentation and Fireside Chat
4:30 – 5:30pm	History of DC
5:30 – 6:30pm	Free/on your own time
6:30 – 9:00pm	Welcome Dinner at La Collina
Thursday, March 30 <sup>th</sup>	
8:00 – 8:20am	Grab & Go Breakfast
8:30 – 9:00am	Travel to Southeast DC (ULI to provide bus)
9:00 – 10:15am	St. Elizabeths East Panel & Tour at St. Elizabeths East
12:00 – 12:15pm	Travel to THEARC
1:20 – 2:20pm	Lunch at THEARC
1:30 – 3:30pm	11 <sup>th</sup> Street Bridge Park Presentation and Site Tour at THEARC & 11 <sup>th</sup> St Bridge
3:30 – 4:00pm	Travel back to ULI
4:00 – 5:30pm	Small Group Exercise Part 1
Friday, March 31 <sup>st</sup>	
8:00 – 9:00am	Breakfast
9:00 – 11:00am	Transportation & Health Panel
11:00am – 12:00pm	Small Group Exercise Part 2
12:00 – 1:00pm	Lunch
1:00 – 2:00pm	Forum Closing: Exploration & Reflection

## DAY-TO-DAY TRAVEL LOGISTICS

### *Wednesday, March 29<sup>th</sup>*

- Excluding the welcome dinner, all programming will take place at ULI's office.
- To get to dinner at La Collina, we recommend taking public transportation: [29 minute metro ride from ULI](#) on the blue, orange or silver lines or a [31 minute bus ride](#). Alternatively, you can use ride-share with cohort peers. If you are feeling extra adventurous, a bike ride takes [30 minutes from ULI](#).

### *Thursday, March 30<sup>th</sup>*

- Meet at ULI by 8:00 am for our group bus ride to Southeast DC for the day.

### *Friday, March 31<sup>st</sup>*

- All programming will take place at ULI's office.

### *Public & Active Transportation Information*

- [WMATA Trip Planner & Metro Information](#)
- [Capital Bikeshare](#)

## SUGGESTED PACKING LIST

### *Dress code*

- ULI follows a "smart casual" dress code, and jeans and sneakers are perfectly acceptable.

### *More clothing considerations*

- You may want to pack layers as spring weather can be unpredictable, and ULI's conference room can get cold. Please pack comfortable walking shoes for our off-site/tour day on Thursday, March 30<sup>th</sup>.
- If you are arriving early or staying late, pack a raincoat and umbrella as there is currently some rain in the weather forecast.

### *Other packing suggestions*

- Notebook and pen for notetaking
- A reusable water bottle

## SPEAKERS & FACILITATORS

Wednesday, March 29<sup>th</sup>

### *The Social Determinants of Health Presentation*

#### **Jillian Annunziata**

Senior Health Equity Manager, Gravity Project

EMI Advisors

New York City

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Jillian Annunziata, MPH, PM is a Senior Health Equity Manager at EMI Advisors. Holding professional licenses in project management (PMP), change management, and LEAN principals, Jillian is a trained systems thinker and implementation scientist who operates with a public health equity lens. Jillian uses quality improvement methodologies to design, implement, and evaluate project life cycles and scale best practices that promote health. She most recently held a Senior Project Manager role in the Department of Quality & Population Health at Sun River Health, the largest Federally Qualified Health Center (FQHC) in New York State, where her projects centered around virtual care and social care integration into primary care in New York’s most disinvested communities. In March, 2022, Jillian will begin a new role as Senior Health Equity Manager at EMI Advisors, serving as Program Manager of The Gravity Project, a national public collaborative developing consensus-based data standards to improve how we use and share information on social drivers of health.

Jillian holds a Master’s in Public Health (MPH) in Health Policy and Management from the New York Medical College School of Health Sciences and Practice. Jillian is a member of the Delta Omega Honorary Society in Public Health, the New York State Public Health Association (NYSPHA), and the Project Management Institute (PMI)

Jillian is a ULI Health Leaders Network alumni (Cohort 5).





*Social Equity Workshop*

**Tiffany Young**

Managing Partner and Co-Founder

Think Equity

Savannah, Georgia

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Ms. Young co-founded and is a Managing Partner of Think Equity, a consulting firm that works to advance Social Justice, Diversity, Equity, and Inclusion (DEI) within organizations and systems. Through this work, she has supported state health departments, philanthropic organizations, and national membership associations in their efforts to integrate equity concepts into their internal organizational culture and their outward facing programs, policies, and practices. She is a social reformer and compassionate crusader for justice, whose mission is to elevate equity and promote health for all people, and she is known for her thought-provoking insights into the social issues that adversely impact the health of racial and ethnic minorities throughout the United States and beyond. She has a profound ability to captivate and connect audiences in efforts to bridge the racial and wealth gaps that have both defined and divided our nation. She works tirelessly to engage, educate, and empower this generation to incite the kind of social change that lifts equity and upholds social justice in all ways. Tiffany lives in Savannah, Georgia with her husband, four sons, and 11-year old multi-poo named Riesling.



*DC Office of Health Equity Presentation & Fireside Chat*

**C. Anneta Arno, PH.D, MPH**

Director, Office of Health Equity

DC Department of Health

Washington, DC

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Dr. C. Anneta Arno, Ph.D., MPH is an experienced public health professional with a track record operationalizing Health Equity practice, including promoting racial equity through public health, community collaboration to transform views and perspectives related to the root causes of health disparities, and integration of equity concepts into healthcare delivery systems. She oversaw the publication of Louisville’s 2011 inaugural Health Equity Report and development of the 2014 updated. Accomplishments included leadership of Louisville’s CDC Community Transformation Grant, demonstrating multi-sector collaboration promoting patient-centered medical homes (PCMH) across Federally Qualified Health Centers; smoke free multi-unit housing across public and private rental housing; and strategies supporting expansion of the coordinated school health model across all Jefferson County Public Schools. She designed and convened 100 Louisvillians in the 2014 “Healing Possible Quorum” initiative, culminating in “Towards Racial Equity Through Policy & Assessment” in January 2015.

As inaugural Director, Office of Health Equity (OHE), DC Health, (September 2015), Dr. Arno has leveraged a “Health in All Policies” approach to improving population health and achieving health equity. Committed to equity-informed practice change, and multi-sector solutions, she engages with neighborhoods, local, regional, and national partners in public, private and non-profit sectors. The first *Health Equity Report: District of Columbia 2018* established DC’s Nine-Key Drivers Framework to address persistent inequities. Mayor Muriel Bowser appointed her to the ReOpen DC Advisory Committee (May 2020), that utilized the Health Equity Report’s framework and lens, connecting the dots, including historic, contemporary, and structural root causes perpetuating differential impacts of the pandemic, by income, place, and race. DC’s Health Equity Summit 2021 *Building a Roadmap to A Just Post Pandemic Future*, explored opportunities for sustainable equity-informed multi-sector solutions focused on improving opportunities for health and achieving racial equity for all District residents, where they live, learn, work, play, play or age.

## Rachel Clark

Policy Director

Redstone Global Center for Prevention & Wellness, George Washington University

Washington, DC

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Rachel Clark is the Policy Director at the Redstone Global Center for Prevention & Wellness at the Milken Institute School of Public Health at George Washington University. The Redstone Center works with community partners to support research, share expertise, and advance evidence-based policy solutions to address the interlinked public threats of chronic disease, health inequities, and climate change. At the Redstone Center, Rachel leads a policy agenda that promotes public health and sustainability in the District of Columbia, including strategies for supporting sustainable food systems, equitable access to public spaces and physical activity, and active transport. Rachel also currently serves as a Mayoral Appointee on the DC Food Policy Council, where she co-leads the Sustainable Supply Chain Working Group. Before joining the Redstone Center, Rachel served as a Legislative Counsel for the Committee on Transportation & the Environment at the Council of the District of Columbia, where she helped lead legislative efforts related to food and nutrition, environmental protection, and public health. Before shifting her focus to District policy, Rachel spent several years working at the federal level as an attorney advisor at the Food & Drug Administration and as a legal fellow at the Center for Science in the Public Interest, a nutrition and food safety watchdog group. She holds a JD from Harvard Law School and an undergraduate degree from New York University. Rachel grew up in rural Vermont and currently lives in Ward 5.



## Jaime Fearer

Health Impact Policy & Practice Analyst

DC Department of Health

Washington, DC

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Essential to a Health in All Policies (HiAP) approach across communities and sectors in the District of Columbia, Jaime’s role with DC Health’s Office of Health Equity includes the development and implementation of a collaborative Health Impact Review Process related to the built and natural environments, including land use, transportation, housing, and community design and development.

Previously, as California Walks’ deputy director, Jaime supported the organization’s statewide programmatic, policy, and advocacy work while also fostering partnerships in transportation safety in San José and across Silicon Valley. In 2017





Jaime established the organization’s Walk San José program to fill in a gap in local pedestrian advocacy, and in 2019, the City of San José designated Jaime as their inaugural Climate Smart Transportation Champion.

Prior to joining California Walks, Jaime worked with City of Greenbelt, Maryland, as a community planner. Before attending the University of Maryland—College Park for a Master of Community Planning, Jaime worked for over a decade in the bookselling and publishing industries. Jaime is a member of the American Institute of Certified Planners (AICP), and she has served on a number of advisory committees and boards focused on land use, transportation, and equity.

Jaime is a ULI Health Leaders Network alumni (Cohort 3).

History of DC Presentation

Briana Thomas

Author | Historian | Tour Guide

Author of *Black Broadway*

Washington, DC

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Briana A. Thomas is a Washington, D.C.-based historian, journalist, and tour guide who specializes in African American research. Briana is the author of the local Black history book, *Black Broadway in Washington, D.C.* Briana has been published in *Washingtonian Magazine*, the historic *Afro-American* newspaper, and the *Washington Post* throughout her journalism career. Briana's educational neighborhood history tours have been featured on television networks such as ABC, NBC and CBS. She earned a Master of Journalism degree from the University of Maryland-College Park and a Bachelor of Arts degree in English and Communications from Greensboro College. She is the assistant pastor of a Maryland-based church Open Bible Ministries.



**Thursday, March 30<sup>th</sup>**

*St. Elizabeths East Panel & Tour*

**Mei Li**

Senior Vice President, Development

Redbrick LMD

Washington, DC

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Mei Li is the Senior Vice President of Development at Redbrick LMD. In this capacity, she has the day-to-day responsibility for all areas of entitlement, predevelopment and development of Redbrick projects at St. Elizabeths East. Mei has over 25 years of experience in institutional real estate in a variety of roles including acquisitions, dispositions, financing and development. Starting her career at Oxford Properties Group in acquisitions, Mei has completed \$4 billion transactions and has managed the development of 1.8M SF of office and 750 multifamily units. Mei is active in CREW DC and ULI Washington. She holds a BA, MBA and is a graduate of ULI Washington’s Regional Land Use Leadership Institute.



**LaQuandra S. Nesbitt, MD, MPH**

Senior Associate Dean for Population Health & Health Equity

The George Washington University School of Medicine & Health Sciences

Washington, DC

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Dr. LaQuandra S. Nesbitt is a board-certified family physician with over a decade of experience leading population health initiatives in governmental public health agencies. Dr. Nesbitt currently serves as Senior Associate Dean for Population Health Sciences and Health Equity and Professor of Medicine and Health Sciences at The George Washington University School of Medicine and Health Sciences and is the inaugural Executive Director of the Center for Population Health Sciences and Health Equity.

The GW SMHS Center for Population Health Sciences and Health Equity (CPHSHE) was founded in late 2022 as a premier academic center within the university for applied population health research to address health inequities. CPHSHE provides strategic direction and support to the education, research and clinical programs within the GW academic medical enterprise (GW School of Medicine and Health Sciences, GW Medical Faculty Associates, GW University Hospital, and Cedar Hill Regional Medical Center-GWH) to advance the improvement of population health through a health equity lens.



Dr. Nesbitt most recently served as the Director of the District of Columbia Department of Health in Washington, DC, from January 2015 to July 2022 where she led with a focus on health equity and improving the quality of health programs and healthcare services for all DC residents, working to address the District’s most pressing health challenges. As a physician leader, Dr. Nesbitt mobilizes organizations and communities to implement innovative solutions that promote health and wellness, and achieve health equity. Throughout her career she has led multi-sector collaborations to address innovation in healthcare delivery and its impact on high cost, high need and other special populations; the integration of public health and healthcare; and the impact of emerging infectious diseases on population health. Prior to her role in DC, Dr. Nesbitt served as the Director of the Louisville Metro Department of Public Health and Wellness where she led initiatives focused on Affordable Care Act implementation and violence prevention.

## Latrena Owens

Executive Director

St. Elizabeths East Campus Redevelopment

Washington, DC

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Latrena Owens is the Executive Director of the St. Elizabeths East Redevelopment for the Office of the Deputy Mayor for Planning and Economic Development (DMPED), which assists the Mayor in the coordination, planning, supervision, and execution of economic development efforts in the District of Columbia to create and preserve affordable housing, creating jobs, and increasing tax revenue.

Before working with the DMPED, Latrena was the Chief of Staff for the District’s Department of Housing and Community Development (DHCD) and the Department of General Services (DGS).

Latrena holds a Master’s degree in Adult Education from Virginia Commonwealth University and an Executive Certificate in Public Leadership from the Harvard Kennedy School of Government. She was also named a 2022 Power Player by @Axios Local - individuals who’ve made a difference and helped shape their community in 2022.



## Naseema Shafi (she/her)

CEO

Whitman-Walker Health

Washington, DC

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In her role as CEO, Naseema works to implement the strategic vision, goals and initiatives of the Board of Directors. She leads and supports the growth and oversight of the health center with a focus on the provision of high-quality, affirming care that centers the community and maintains the vitality of Whitman-Walker. Prior to her current role, she served as both the Deputy Executive Director and Chief Operating Officer for Whitman-Walker as well as its Director of Compliance, overseeing various matters related to corporate compliance and risk management. Naseema joined Whitman-Walker in 2007. She received her bachelor’s degree from the University of Maryland, College Park and her law degree from the University of Maryland School of Law. Naseema is a member of the Maryland State Bar. In 2016, she was honored as a Minority Business Leader by The Washington Business Journal.



## Valecia Wilson

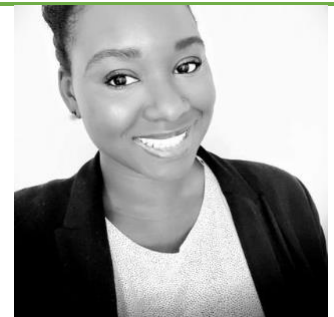
Senior Neighborhood Planner

DC Office of Planning

Washington, DC

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Valecia Wilson is an urban planner and designer who is guided by her passion for social equity and celebrating community. She is currently a Senior Neighborhood Planner for the District of Columbia and leads and supports planning and implementation efforts in Wards 5, 6, 7, and 8. She has developed plans for several mid-Atlantic communities and previously worked for the Maryland-National Capital Planning Commission. She calls Columbus, Ohio, home and holds both a Master of Architecture degree from Hampton University and a Master of Community Planning degree from Auburn University.





*11<sup>th</sup> Street Bridge Park Presentation & Tour*

**Scott Kratz**

Senior Vice President | Director

Building Bridges Across the River | 11<sup>th</sup> Street Bridge Park

Washington, DC

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For the last ten years, Scott has been working with the Ward 8 based non-profit Building Bridges Across the River and the Washington D.C. city government to transform an old freeway bridge into a park above the Anacostia River. The old 11th Street Bridges that connect Capitol Hill with communities east of the river have reached the end of their lifespan, Scott is working with the community to use the base of one of the bridges to create a one of a kind civic space supporting active recreation, environmental education and the arts.

Scott is a resident of Barrack’s Row and has lived in Washington D.C. for the last 16+ years. He has worked in the education field for twenty+ years and began his career teaching at Kidspace, a children’s museum in Pasadena, California and later as the Associate Director of the Institute for the Study of the American West at the Autry National Center in Los Angeles, CA. While at the Autry, he supervised a staff that planned and implemented programs including theater, film, music, festivals, family programs, lecture series, and academic symposia. Most recently, he was the Vice President for Education at the National Building Museum in Washington D.C. Scott is honored to serve on the board of the Anacostia Coordinating Council and the Anacostia Business Improvement District.



**Vaughn Perry**

Director | Former Director of Equity

Skyland Workforce Center | 11<sup>th</sup> Street Bridge Park

Washington, DC

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Vaughn Perry was the former Equitable Development Manager at 11<sup>th</sup> Street Bridge Park. He oversaw and implemented the deliverables for the Equitable Development Plan. A D.C. native, Vaughn has been a resident and homeowner in Ward 8 for over 16 years. Vaughn’s research interests focus on ecojustice pedagogies, community engagement and green job/skill development.

Previously, Vaughn worked for the Anacostia Watershed Society, where he led the National Capital Region – Watershed Stewards Academy providing community leaders with the resources to serve as a point in their community on storm water issues. Vaughn holds a Bachelor’s degree in IT from Strayer University and a Master’s Degree in Project Management from George Washington University.



## Friday, March 31<sup>st</sup>

### *Transportation & Health Panel*

#### Charles Allen

Councilmember, Ward 6

Council of the District of Columbia

Washington, DC

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In his time on the DC Council, Ward 6 Councilmember Charles Allen has championed legislative efforts around education, the environment, public transportation, campaign finance and election reform, public safety and criminal justice, and women’s health. His first bill, known as “Books from Birth”, has delivered more than 2.2 million free books to the homes of DC families with a child under the age of five, with a special emphasis on homes with lower literacy rates.

As Ward 6 Councilmember, he has worked to provide every student with a great neighborhood school, supported small businesses, pushed for safe and accessible transit, and advocated for affordable housing – and Ward 6 has created more new affordable housing than any other ward. In his time as Chair of the Council’s Committee on the Judiciary and Public Safety, Councilmember Allen has modernized the District’s elections by creating public financing for political campaigns, anti-“pay-to-play” contracting campaign finance reform, and automatic voter registration. He has also led the Council and the country in passing transformative criminal justice legislation, prioritizing meaningful rehabilitation and successful reentry as key to improving public safety. He has championed services for crime survivors, including by creating a continuum of care for sexual assault survivors, expanding hospital-based violence intervention, building a network of restorative justice programs, and reforming crime victims’ compensation.

In Council Period 25, Councilmember Allen is the Chair of the Council’s Committee on Transportation and the Environment. He is a member of the Committees on Business and Economic Development, Health, and Judiciary and Public Safety, as well as the Committee of the Whole. He also serves as Vice Chair of the Metropolitan Washington Council of Governments’ (COG) Board of Directors and is active with COG’s Transportation Planning Board.

Councilmember Allen graduated from Washington and Lee University and holds a Master of Public Health from the University of Alabama at Birmingham. He lives in Northeast DC with his wife, Jordi, their two children, and their dog, Olive. Most days he commutes on bus, metro, or bicycle.

## Heidi Case

Chair, Multimodal Accessibility Advisory Committee (MAAC)  
 DC Mayor’s Office Community Advisory Council to DC Dept. of  
 Transportation  
 Washington, DC  
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Heidi Case is a native of Tucson, AZ and graduated from the University of AZ with a BA in Education and a minor in Special Education. She moved and lived her way across the United States, living in AZ, TX, NH, MD, and currently in Washington, DC living in Metro DC area since 1997. She’s a long-term disability rights advocate focused on accessible transportation. She has Chaired the DC Multimodal Accessibility Advisory Committee (MAAC) for the last 3 years advising DC DOT on accessibility in transportation and public space. She also currently Chairs the DC Department of For Hire Vehicles Accessibility Advisory Committee (DFHV AAC) that has oversight on taxi’s and TNC’s. She lives with her partner and later wife of 40 years.



## Laura Chace

President and CEO  
 The Intelligent Transportation Society of America (ITS America)  
 Washington, DC  
[lchace@itsa.org](mailto:lchace@itsa.org)

Laura Chace was named President and CEO of ITS America in August, 2021. Previously, she served as the association’s Chief Operating Officer. In her role as COO and now as President and CEO, her focus is to promote policies that advance the development and safe deployment of intelligent transportation technologies throughout the United States. Chace has extensive experience in strategic planning, operations, communications and advocacy, and a proven track record of implementing complex initiatives with strong engagement and collaboration among stakeholders. As COO, she led operations across ITS America with a focus on technology’s ability to save lives and reduce crashes on U.S. roadways, reduce congestion, minimize transportation’s carbon footprint, and provide seamless mobility and transportation choices for all Americans. She is passionate and speaks often about the need to include more female and diverse voices in the transportation workforce to create better outcomes for all who use the transportation system. Chace is a founding member of the MobilityXX initiative, which is focused on increasing the number of women in transportation by 10 percent in 10 years. Chace brings 15 years in trade association management to her new role, having previously worked at USTelecom and the American Trucking Association. Early in her career, she served in the Clinton Administration at the U.S. Department of Justice Office and in the White House. She holds a Bachelor of Art’s degree from Colgate University.



## Raka Choudhury

Director, Bus Priority

Washington Metropolitan Area Transit Authority (WMATA)

Washington, DC

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Raka Choudhury is the Director of Bus Priority in the Office of Planning & Performance at the Washington Metropolitan Area Transit Authority (WMATA). She has over 20 years’ experience in the public and private sectors in the DC metro area, and South and Southeast Asia. Raka is passionate about transit and believes that improving transportation choices directly contributes to improving people’s quality of life. Working in bus priority allows her to deliver on this vision, and she enjoys bringing her diverse experience at the intersection of land use, environmental planning, and transportation to her job every day. Raka is a certified planner with the American Institute of Certified Planners and has a Bachelor’s degree in Architecture from New Delhi, India and a Master’s in City & Regional Planning from The Ohio State University.



## Benito Pérez

Policy Director

Transportation for America

Washington, DC

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Benito O. Pérez, AICP CTP CPM CAPP (he/him) is the Policy Director of Transportation for America. He previously served in various roles at the District Department of Transportation since 2012, which included Curbside Management & Operations Planning Manager, Curbside Management Planner, and Transportation Policy Specialist. During his DDOT tenure, he worked on and managed a team involved with creating, accessing, analyzing, visualizing, disseminating, and working with stakeholders to leverage data for policy development, resource allocation, and operations management of the District’s curbside and its intersection with the greater transportation network. Prior to DDOT, he was a Transportation Engineer with the Hampton Roads Transportation Planning Organization, working on long range transportation planning and its intersection with active transportation and land use. Additionally, he previously worked with the Maryland State Highway Administration, working on equity and inclusion issues in transportation. Mr. Pérez earned his Master of Arts in Urban Planning and Master of Science in Civil Engineering from the University of Florida in 2009.



## RECOMMENDED PRE-READING & RESOURCES

*Organized by day and session | Please prioritize items marked by an asterisk.*

### *Social Equity Workshop*

- [Social Identity Self-Assessment\\*](#)

### *DC Office of Health Equity Presentation & Fireside Chat*

- [Health Equity Report: District of Columbia 2018](#)
  - [Full Report](#)
  - [Summary Report](#)
- [Congress Heights Small Area Plan \(CHSAP\) Health Equity Impact Review \(HEIR\)](#)
  - [Full CHSAP HEIR](#)
  - [Summary CHSAP HEIR](#)
- [Estimating Intra-Urban Inequities in PM2.5-Attributable Health Impacts: A Case Study for Washington, DC](#)

### *History of DC*

- [Black Broadway in Washington, D.C.](#)
- [Mapping Segregation DC](#)

### *St. Elizabeths East*

- [St. Elizabeths East](#)
- [St. Elizabeths East One Pager](#)
- [Cedar Hill Regional Medical Center at St. Elizabeths East](#)

### *11th Street Bridge Park*

- [11<sup>th</sup> Street Bridge Park's Equitable Development Plan](#)
- [11<sup>th</sup> Street Bridge Park's Equity Tool Kit & Short Videos](#)
- ["Can Anacostia Build a Bridge Without Displacing Its People?"](#) (The New York Times)
- ["D.C.'s first elevated park will link neighborhoods divided by river"](#) (The Washington Post)
- [Equitable Development and Urban Park Space: Year 4 Progress Report on Implementation of the Equitable Development Plan of the 11<sup>th</sup> Street Bridge Park](#) (Urban Institute White Paper)

### *Transportation & Health Panel*

- [DC Mobility Innovation District](#)
- [Doors Opening: Councilmember Allen's Metro for DC Bill Unanimously Passes Council](#)



## EVENTS & SPOTS TO CHECK OUT WHILE YOU ARE IN TOWN

*A non-exhaustive list*

### *Events / Places*

- [National Cherry Blossom Festival](#)
- [Kennedy Center](#)
- [Nighttime Memorials & Monuments Walk](#)
- Markets – [Flea Market at Eastern Market](#), [Dupont Circle Farmers Market](#), [Union Market](#)
- Museums – Most are free! A few suggestions: [Smithsonian](#) ([full list of Smithsonian museums](#)), [International Spy Museum](#), [National Building Museum](#), [National Gallery of Art & Sculpture Garden](#), [The Phillips Collection](#)
- Parks – [Meridian Hill/Malcom X Park](#), [Dumbarton Oaks](#), [Rock Creek Park](#), [United States Botanic Garden](#), [United States National Arboretum](#), [Roosevelt Island Park](#)
- Waterfronts – [Georgetown](#), [The Wharf](#), [The Yards Park](#)
- [National Cathedral](#)
- [Arlington Cemetery](#)

### *Restaurants and cafes (by neighborhood)*

- Georgetown
  - [Baked & Wired](#)
  - [Blue Bottle Coffee](#)
  - [Chez Billy Sud](#)
  - [George's King of Falafel and Cheesesteak](#)
  - [Maman](#)
  - [Thomas Sweet](#)
- Dupont/West End
  - [Anju](#)
  - [Call Your Mother Deli](#)
  - [Emissary](#)
  - [Kramer's Bookstore and Café](#)
  - [Rasika](#)
- Adams Morgan
  - [Federalist Pig](#)
  - [Keren](#)
  - [Lapis](#)
  - [Tryst](#)
- U Street
  - [Ben's Chili Bowl](#)
  - [Mayden](#)
  - [Seven Reasons](#)
- SW Waterfront/The Wharf
  - [ilili](#)
  - [Officina](#)
  - [The Municipal Fish Market](#)
- If you check out the National Cathedral, go to the nearby [2 Amys](#).