

Personal Journey Toward Anti-Racism

ULI Resource List

ULI's Building Healthy Places Initiative has curated the following resource list to share challenges and opportunities related to personally working toward anti-racism. This list is not intended to be comprehensive; rather, it is a short guide for members interested in beginning to learn more about this topic.

If you would like to add a resource to this list, please reach out to health@uli.org. Please ensure that your recommendations are specific to personal knowledge-building about anti-racism.

Learning About Anti-Racism

- ❖ [Anti-Racism Resources for White People](#)
Sarah Sophie Flicker and Alyssa Klein

This document is intended to serve as a resource to white people and parents to deepen anti-racism work.

- ❖ [Talking About Race](#)
National Museum of African American History and Culture

This website provides tools and guidance to empower learning journeys and inspire conversation.

- ❖ [The White Ally Toolkit Workbook](#)
David W. Camp

This workbook is designed to help white allies have effective conversations about race and racism with other white people.

- ❖ [White Privilege: Unpacking the Invisible Knapsack](#)
Peggy McIntosh

This article describes what white privilege looks like, how to recognize it, and why it is an important concept.

Featured Books on Anti-Racism and Racism in the U.S.

- [The Color of Law](#) by Richard Rothstein
- [How to Be an Antiracist](#) by Ibram X. Kendi
- [Me and White Supremacy: How to Recognise Your Privilege, Combat Racism and Change the World](#) by Layla F. Saad
- [The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing](#) by Anneliese A. Singh
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [Stamped from the Beginning: The Definitive History of Racist Ideas in America](#) by Ibram X. Kendi
- [The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together](#) by Heather McGhee
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo

Learning About Racism and Intersections with Real Estate

- ❖ [The 1619 Project](#)
New York Times

The 1619 Project is an ongoing initiative that began in August 2019, the 400th anniversary of the beginning of American slavery. It aims to reframe the country's history by placing the consequences of slavery and the contributions of Black Americans at the very center of our national narrative.

- ❖ [Closing the Racial Inequality Gaps: The Economic Cost of Black Inequality in the U.S.](#)
Citi GPS: Global Perspectives and Solutions

This report identifies the underlying causes of the racial and economic gaps exacerbated by the COVID-19 pandemic; discusses the value of closing gaps; and outlines how governments, corporations, and individuals can work together to eliminate gaps for good. The analysis shows that if four key racial gaps for Black people—wages, education, housing, and investment—were closed 20 years ago, \$16 trillion could have been added to the U.S. economy.

- ❖ [The Devaluation of Assets in Black Neighborhoods](#)
The Brookings Institution

This report seeks to understand how much money majority-Black communities are losing in the housing market stemming from racial bias, finding that owner-occupied homes in Black neighborhoods are undervalued by \$48,000 per home on average, amounting to \$156 billion in cumulative losses.

- ❖ [Segregated By Design](#)
Silkworm Studio

Based on the book *The Color of Law*, this video examines the forgotten history of how federal, state, and local governments unconstitutionally segregated every major metropolitan area in America through law and policy.

From Education to Action

- ❖ [Advancing Racial Equity in Housing and Community Development: An Anti-Racism Guide for Transformative Change](#)
National Initiative on Mixed-Income Communities and Grounded Solutions Network

This guide is designed to spark courageous conversations and meaningful actions focused on racial equity, to confront the inherent bias and racism that has been built into the systems in which we live and work, and help to advance an unwavering commitment to intentionally support communities of

color with anti-racist approaches. The guide provides anti-racist interventions and guidance on being committed to anti-racism for people of color and for White people, including resources.

❖ Principles of Trustworthiness

Associate of American Medical Colleges

These 10 Principles of Trustworthiness integrate local perspectives with established precepts of community engagement to guide health care, public health, and other organizations as they work to demonstrate they are worthy of trust.

❖ Project Implicit

Harvard University

This Implicit Association Test (IAT) helps to identify unconscious biases using a series of words and pictures. The test will help you to interpret your results.